

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Strength Training 10:30 Come Follow Me 1:30 Cornhole Competition & Cold Treats! 2:30 Craft: Painting 3:00 Travel Show 3:30 Power of One Visits 5:30 Movie Time	2 10:00 Fitness Fun 10:30 Music with Jen 2:00 July Birthday Party! 2:30 Documentary: History of Independence Day! 3:00 Power of One Visits 5:30 Movie Time	3 10:00 Exercise with Leila 10:30 July 4th Jeopardy 1:30 B-I-N-G-O 2:30 DRUMS 3:00 Knitting & Visiting 3:00 Power of One Visits 5:30 Movie Time	4 HAPPY 4TH OF JULY!! 9:00 Murray Parade! 11:30 Power of One Visits 1:30 Movie Matinee 3:00 Puzzles & Card Games 5:30 Movie Time Independence Day (U.S.)	5 Puzzles Board Games & Card Games 1:00 Movie Matinee 3:00 Knitting, Crocheting & Visiting in Great Room 5:30 Movie time
6 10:30 Church of Jesus Christ of Latter-Day Saints & Catholic Communion 1:00 Movie Matinee 3:00 Puzzles & Mexican Train 5:30 Movie Time	7 10:00 Fitness Fun 10:30 Walking Crew 11:30 Power of One Visits 1:00 Ice Cream Social 1:30 B-I-N-G-O 2:30 Music Entertainment 3:30 Lawrence Welk Show 5:30 Movie Time	8 9:30 Strength Training 10:30 Come Follow Me 11:30 Picnic in the Park (Sign up with Activities) 1:30 Library Storytelling 2:00 Craft Time: Pioneers Dolls 3:30 Power of One Visits 5:30 Movie Time	9 10:00 Fitness Fun 10:30 Music with Jen 11:30 Power of One Visits 2:00 Tai Chi 2:30 Brain Fitness 3:00 Documentary 5:30 Movie Time	10 10:00 Exercise with Leila 10:30 Manicures 1:30 B-I-N-G-O 2:30 DRUMS 3:00 Knitting & Visiting 3:30 Patio Visits & Cold Drinks 5:30 Movie Time	11 10:00 Balance Class 10:30 Brain Fitness 11:00 Back Rubs 1:00 Scenic Drive and Ice Cream! (Sign up with Activities) 2:45 Name that Tune 5:30 Movie Time	12 Puzzles Board Games & Card Games 1:00 Movie Matinee 3:00 Knitting, Crocheting & Visiting in Great Room 5:30 Movie time
13 10:30 Church of Jesus Christ of Latter-Day Saints & Catholic Communion 1:00 Movie Matinee 3:00 Puzzles & Mexican Train 5:30 Movie Time	14 10:00 Fitness Fun 10:30 Walking Crew 1:00 Ice Cream Social 1:30 B-I-N-G-O 2:30 Lawrence Welk Show 3:00 Music with Bob Shorten 5:30 Movie Time	15 9:30 Strength Training 10:30 Come Follow Me 1:00 Craft Time: Bird House 2:00 Travel Show 3:00 Power of One Visits 3:30 Patio Visits 5:30 Movie Time	16 10:00 Fitness Fun 10:30 Music with Jen 1:30 Scenic Drive & Donuts! (Sign up with Activities) 3:00 Documentary 3:00 Power of One Visits 5:30 Movie Time	17 10:00 Exercise with Leila 10:30 Jeopardy 1:30 B-I-N-G-O 2:30 DRUMS 3:00 Knitting & Visiting 3:30 Patio Visits & Cold Drinks! 5:30 Movie Time	18 10:00 Balance Class 10:30 Brain Fitness 11:00 Back Rubs & Relaxation 1:00 Price is Right Game 2:00 Classic TV 3:00 Music Entertainment 5:30 Movie Time	19 Puzzles Board Games & Card Games 1:00 Movie Matinee 3:00 Knitting, Crocheting & Visiting in Great Room 5:30 Movie time
20 10:30 Church of Jesus Christ of Latter-Day Saints & Catholic Communion 1:00 Movie Matinee 3:00 Puzzles & Mexican Train 5:30 Movie Time	21 10:00 Fitness Fun 10:30 Walking Crew 1:00 Ice Cream Social 1:30 B-I-N-G-O 3:00 Patio Visits & Cold Drinks 5:30 Movie Time	22 9:30 Strength Training 10:30 Come Follow Me 1:30 B-I-N-G-O 2:30 Craft: Painting 3:00 Travel Show 3:30 Power of One Visits 5:30 Movie Time	23 10:00 Fitness Fun 10:30 Music with Jen 2:00 Tai Chi 2:30 Documentary: Utah Pioneers & Dutch Oven Cobbler! 5:30 Movie Time	24 10:00 Fitness Fun 10:30 Crossword puzzle 11:30 Power of One Visits 1:00 Movie Matinee 2:30 Knitting & Visiting 5:30 Movie Time HAPPY PIONEER DAY!	25 10:00 Balance Class 10:30 Brain Fitness 11:30 Power of One Visits 1:00 Music Entertainment 2:15 Travel show 3:00 Power of One Visits 5:30 Movie Time	26 Puzzles Board Games & Card Games 1:00 Movie Matinee 3:00 Knitting, Crocheting & Visiting in Great Room 5:30 Movie time
27 10:30 Church of Jesus Christ of Latter-Day Saints & Catholic Communion 1:00 Movie Matinee 3:00 Puzzles & Mexican Train 5:30 Movie Time	28 10:00 Fitness Fun 10:30 Walking Crew 11:30 Power of One Visits 1:00 Ice Cream Social 1:30 B-I-N-G-O 2:30 Lawrence Welk Show 5:30 Movie Time	29 9:30 Strength Training 10:30 Come Follow Me 1:00 Resident Council Meeting & Root Beer Floats 2:00 Travel Show 3:30 Power of One Visits 5:30 Movie Time	30 10:00 Fitness Fun 10:30 Music with Jen 1:30 Scenic Drive (Sign up with Activities) 3:00 Documentary 3:30 Power of One Visits 5:30 Movie Time	31 10:00 Fitness Fun 10:30 Manicures 1:30 B-I-N-G-O 3:00 Patio Visits & Cold Drinks 2:30 Knitting & Visiting 5:30 Movie Time		

Abbington Activity Calendar