

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Yoga with Heidi 10:30 Music Therapy with Jen  1:30 Name that tune 2:00 Fitness Fun with Reggie 3:00 B-I-N-G-O 4:15 Christy Plays Piano  5:30 Movie Time  May Day!	Scavenger Hunt: Look for the flowers!! 10:00 Exercise with Canyons 10:30 Jeopardy 11:00 Back Rubs & Relaxation 1:00 Outing: Walmart 2:30 Patio Chats & Drinks Prize's for scavenger hunt ( bring your flowers) 5:30 Movie Time	10:00 Balance with Jason 10:30 Brain Fitness with Doug 11:00 Hand Massages  1:00 Music Performance 2:00 Craft Time: Make Bookmarks 3:00 Exercises with Kye  5:30 TV Show	1:00 Movie Matinee  3:00 Puzzles Cards and Shuffleboard
10:30 Church of Jesus Christ of Latter Day Saints Sacrament Catholic Communion  1:00 Movie Matinee: Chosen  3:00 Puzzles/Mexican Train  Cinco de Mayo	10:00 Yoga with Heidi 10:30 Manicures (Must sign up) 1:00 Ice Cream Social with Hector 2:00 Drums with Reggie 3:00 B-I-N-G-O  5:30 TV Show: Sweet Magnolias	9:30 Exercise with Andy 10:30 Relief Society  1:00 Scenic Drive-Daybreak Must sign up @ Front Desk 3:00 May Birthday Party! 3:30 Get to know you time  5:30 Movie Time	10:00 Yoga with Heidi 10:30 Sing along with Lynda  1:00 Music with the New Fiddlers 3:00 B-I-N-G-O 4:15 Christy Plays Piano  5:30 Movie Time	10:00 Exercise with Canyons <b>11:00 Mother's Day Brunch! (For Everyone)</b>  1:30 Movie Time 3:30-Knitting & Visiting  5:30 Movie Time	10:00 Balance with Jason 10:30 Brain Fitness with Doug  1:00 Music Performance 2:00 Uno Game 3:00 Exercises with Kye  5:30 TV Show	1:00 Movie Matinee  3:00 Puzzles/Cards and Shuffleboard
10:30 Church of Jesus Christ of Latter Day Saints Sacrament Catholic Communion  1:00 Movie Matinee: Chosen  3:00 Puzzles/Mexican Train Mother's Day National Skilled Nursing Care Week	10:00 Yoga with Heidi 10:30 Reminisce 11:00 Back Rubs & Relaxation  1:00 Ice Cream Social with Activities 2:00 Drums with Reggie 3:00 B-I-N-G-O  5:30 TV Show: Sweet Magnolias	9:30 Exercise with Andy 10:30 Come Follow Me  1:00 Story Telling with Murray Librarian 2:00-Travel Show: Rome 2:30-Food Fun: Pa Pa Pancakes 3:00-Get to know you time 5:30 Movie Time	10:00 Yoga with Heidi 10:30 Craft Time: Spring Bird House  1:30 Name that tune! 2:00 Fitness Fun with Reggie 3:00 B-I-N-G-O 4:15 Christy Plays Piano  5:30 Movie Time	10:00 Exercise with Canyons 10:30 Family Feud 11:00 Back Rubs & Relaxation  1:00 Craft Time : Make Bracelets 2:00 Outside walks 3:30 Knitting & Visiting  5:30 Movie Time	10:00 Balance with Jason 10:30 Brain Fitness with Doug 11:00 Hand Massages  1:00 Music Performance 2:00 Nature Show: Wildlife 3:00 Exercises with Kye  5:30 TV Show	1:00 Movie Matinee  3:00 Puzzles/Cards and Shuffleboard  Armed Forces Day
10:30 Church of Jesus Christ of Latter Day Saints Sacrament Catholic Communion  1:00 Movie Matinee: Chosen  3:00 Puzzles/Mexican Train	10:00 Yoga with Heidi 10:30 Trivia Game 11:30 Back Rubs & Relaxation  1:00 Ice Cream Social with Hector 2:00 Drums with Reggie 3:00 B-I-N-G-O  5:30 TV Show: Sweet Magnolias	9:30 Exercise with Andy 10:30 Relief Society  1:00 Scenic Drive-Draper (Must sign up) 3:00 Food Fun: Chocolate Fondue 3:30 Get to know you time  5:30 Movie Time	10:00 Yoga with Heidi 10:30 Manicures (Must sign up)  1:30 Book Club 3:00 B-I-N-G-O 4:15 Christy Plays Piano  5:30 Movie Time	10:00 Exercise with Canyons 11:00 Lunch Outing: Red Robbin ( Must sign up) 2:00 Travel Show: Ireland 3:30 Patio Chats & Lemonade  5:30 Movie Time	10:00 Balance with Jason 10:30 Brain fitness with Doug  1:00 Music Performance 2:00 Nature Show Hummingbirds 3:00 Exercises with Kye  5:30 TV Show	1:00 Movie Matinee  3:00 Puzzles/Cards and Shuffleboard
10:30 Church of Jesus Christ of Latter Day Saints Sacrament Catholic Communion  1:00 Movie Matinee: Chosen  3:00 Puzzles/Mexican Train	10:00 Yoga with Heidi 10:30 Trivia Game 11:30 Back Rubs & Relaxation 1:00 Ice Cream Social with Activities 2:00 Drums with Reggie 3:00 B-I-N-G-O  5:30 TV Show: Sweet Magnolia  Memorial Day	9:30 Exercise with Andy 10:30 Come Follow Me  1:00 Scenic Drive-Foothill Drive SLC (Must sign up) 3:00- Get to know you time & Rootbeer Floats! 5:30 Movie Time	10:00 Yoga with Heidi 10:30 Manicures (Must sign up)  1:30 Resident Council 3:00 B-I-N-G-O 4:15 Christy Plays Piano  5:30 Movie Time	10:00 Exercise with Canyons 10:30 Trivia Fun 11:00 Back Rubs & Relaxation 1:00 Craft Time: Water Color Painting 2:00 Travel Show: Holy Land Israel 3:00 Patio Chats & Lemonade  5:30 Movie Time	10:00 Balance with Jason 10:30 Jeopardy  1:30 Mini Golf (Outside) 2:30 Nature Show: Under Water World 3:00 Exercises with Kye  5:30 TV Show	

Please note: Activities are subject to change.