



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 2em; margin: 0;">FEBRUARY 2024</h1>						
				<p>10:00 Exercise with Canyons Home Health 1</p> <p>1:00 Indoor Bowling</p> <p>3:00 Men's Club</p> <p>3:00 Fiber & Friends</p> <p>5:30 Movie: The Holiday</p> <p>8:00 Utah Jazz vs Philadelphia</p>	<p>10:00 Balance with Kari 2</p> <p>1:30 - 3:30 Outing: Ririe Woodbury Dance at Rose Wagner Performing Arts Center</p> <p>5:30 Movie: His Girl Friday</p> <p style="text-align: center;">Groundhog Day</p>	<p>3</p> <p>1:00 Movie Matinee: Falling Inn Love</p> <p>3:00 Puzzles/Cards and Shuffleboard</p>
<p>10:30 Church of Jesus Christ of Latter Day Saints Sacrament</p> <p>2:00 Music Performance</p> <p>2:45 Movie: Purple Hearts</p> <p>6:00 Utah Jazz vs Milwaukee</p> <p style="text-align: center;">Happy Birthday Christine!</p>	<p>10:00 Yoga with Heidi 5</p> <p>1:00 Ice Cream Social with Hector</p> <p>3:00 Cornhole Competition</p> <p>5:30 Movie: Wedding Season</p> <p>6:30 Barbershop Quartet</p>	<p>9:30 Exercise with Andy 6</p> <p>10:30 Come Follow Me</p> <p>11:00 Catholic Communion</p> <p>1:00 Therapy Activities with Kye</p> <p>3:00 Bingo</p> <p>5:30 Movie: Burlesque</p> <p>7:00 Utah Jazz vs Oklahoma City</p>	<p>10:00 Yoga with Heidi 7</p> <p>1:00 Deci'belles Performance</p> <p>3:00 Jeopardy: Valentine's Jeopardy</p> <p>4:15 Christy Plays Piano</p> <p>5:30 Movie: Endless Love</p> <p style="text-align: center;">Happy Birthday Joanne HI!</p>	<p>10:00 Exercise with Canyons Home Health 8</p> <p>1:00 Fiber & Friends</p> <p>3:00 Valentine's Door Decoration</p> <p>5:30 Movie: Cinderella</p> <p>7:00 Utah Jazz vs Phoenix</p>	<p>10:00 Balance with Kari 9</p> <p>1:00 Music Performance</p> <p>3:00 Family Feud & Trail Mix</p> <p>5:30 Movie: While You Were Sleeping</p>	<p>10</p> <p>1:00 Movie Matinee: Lion Dance</p> <p>3:00 Puzzles/Cards and Shuffleboard</p> <p style="text-align: center;">Chinese New Year Happy Birthday Barbara!</p>
<p>10:30 Church of Jesus Christ of Latter Day Saints Sacrament</p> <p>1:00 Movie Matinee: Tuck Everlasting</p> <p>3:00 Puzzles/Mexican Train</p> <p>4:30 Super Bowl</p> <p style="text-align: center;">Happy Birthday Mickey K!</p>	<p>10:00 Yoga with Heidi 12</p> <p>1:00 Scenic Drive: Historic Landmarks</p> <p>3:00 Valentine's Day Cookie Decorating</p> <p>5:30 Movie: Love at First Sight</p> <p>7:00 Utah Jazz vs Golden State</p>	<p>9:30 Exercise with Andy 13</p> <p>10:30 Come Follow Me</p> <p>11:00 Catholic Communion</p> <p>1:00 Storytelling with the Murray Librarian</p> <p>3:00 Bingo</p> <p>5:30 Movie: Coco</p> <p style="text-align: center;">Mardi Gras</p>	<p>10:00 Energy Yoga with Lisa 14</p> <p>1:00 Resident Council</p> <p>2:30 Valentine's Day Party w/Colten Singing Songs of Love!</p> <p>4:15 Christy Plays Piano</p> <p>5:30 Movie: Valentine's Day</p> <p>6:00 Door-to-Door Youth Visits</p> <p>7:00 Utah Jazz vs Los Angeles</p> <p style="text-align: center;">Happy Valentine's Day!</p>	<p>10:00 Exercise with Canyons Home Health 15</p> <p>1:00 Old Movies & Popcorn in the Great Room</p> <p>3:00 Fiber & Friends</p> <p>5:30 Movie: The Wedding Planner</p> <p>7:00 Utah Jazz vs Golden State</p>	<p>10:00 Balance with Kari 16</p> <p>1:00 Music Performance</p> <p>3:00 Emely's Cream Cheese Guava Pastries</p> <p>5:30 Movie Something from Tiffany's</p> <p style="text-align: center;">Happy Birthday Marilyn!</p>	<p>17</p> <p>1:00 Movie Matinee: The Art of Racing in the Rain</p> <p>3:00 Puzzles/Cards and Shuffleboard</p> <p style="text-align: center;">Random Acts of Kindness Day</p>
<p>10:30 Church of Jesus Christ of Latter Day Saints Sacrament</p> <p>1:00 Movie Matinee: Notting Hill</p> <p>3:00 Puzzles/Mexican Train</p>	<p>10:00 Yoga with Heidi 19</p> <p>1:00 Ice Cream Social with Hector</p> <p>2:00 Outing: Walmart or Target</p> <p>5:30 Movie: Book Club, The Next Chapter</p> <p>6:30 Barbershop Quartet</p> <p style="text-align: center;">Presidents' Day</p>	<p>9:30 Exercise with Andy 20</p> <p>10:30 Come Follow Me</p> <p>11:00 Catholic Communion</p> <p>1:00 Therapy Activities with Kye</p> <p>3:00 Bingo</p> <p>5:30 Movie: Letters to Juliet</p> <p style="text-align: center;">Happy Birthday Shirley!</p>	<p>10:00 Energy Yoga with Lisa 21</p> <p>11:00-1:00 Outing: Olive Garden</p> <p>3:00 Cornhole</p> <p>4:15 Christy Plays Piano</p> <p>5:30 Studio 56 Dance Performance</p> <p>6:30 Movie: A Walk to Remember</p> <p style="text-align: center;">Happy Birthday Charlie!</p>	<p>10:00 Exercise with Canyons Home Health 22</p> <p>1:00 February Birthday Party</p> <p>3:00 Fiber & Friends</p> <p>5:30 Movie: Dead Man Walking</p> <p>7:00 Utah Jazz vs Charlotte</p>	<p>10:00 Balance with Kari 23</p> <p>1:00 Music Performance</p> <p>3:00 Snacktivity: Chicken Chili</p> <p>5:30 Movie: Breakfast at Tiffany's</p>	<p>24</p> <p>2:30 - 5:30 Outing: Parker Theatre's Production of Pride and Prejudice</p> <p>3:00 Puzzles/Cards and Shuffleboard</p> <p>5:30 Movie: Made of Honor</p>
<p>25</p> <p>10:30 Church of Jesus Christ of Latter Day Saints Sacrament</p> <p>2:00 Music Performance</p> <p>2:45 Movie: You've Got Mail</p> <p>6:00 Utah Jazz vs San Antonio</p>	<p>10:00 Yoga with Heidi 26</p> <p>1:00 Ice Cream Social with Hector</p> <p>3:00 Name That Tune: More 1960's and 1970's</p> <p>5:30 Movie: Made for Each Other</p>	<p>9:30 Exercise with Andy 27</p> <p>10:30 Come Follow Me</p> <p>11:00 Catholic Communion</p> <p>1:00 Therapy Activities with Kye</p> <p>3:00 Bingo</p> <p>5:30 Movie: The Royal Wedding</p> <p>5:30 Utah Jazz vs Atlanta</p>	<p>10:00 Energy Yoga with Lisa 28</p> <p>1:00 Scenic Drive: Murals on City Buildings</p> <p>3:00 Resident Spotlight</p> <p>5:30 Movie: Safe Haven</p>	<p>10:00 Exercise with Canyons Home Health 29</p> <p>1:00 Old Movies & Popcorn in the Great Room</p> <p>3:00 Fiber & Friends</p> <p>5:30 Movie: Leap Year</p> <p>5:00 Utah Jazz vs Orlando</p>		

Abbington Senior Living in Murray. Please note: activities are subject to change.