

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	10:00 Yoga with Heidi <b>1</b> 1:00 Baby Animal Visits 3:00 May Day Surprise 5:30 Evening Movie  May Day	9:00 Exercise with Andy <b>2</b> 10:30 LDS Relief Society 11:00 Catholic Communion 1:00 Bingo 3:00 Craft: Make a Memorial Day Door Decoration 5:30 Evening Movie	10:00 Energy Yoga with Lisa <b>3</b> 1:00 Resident Spotlight 3:00 National Geographic Presentation 3:30 Stitch Sisters Club 4:30 Piano w/Christy Dining Rm	10:00 Exercise with Canyons Home Health <b>4</b> 1:00 Scenic Drive: Governor's Mansion 3:00 Murray Mayor Brett Hales 5:30 Movie: Underwater Dreams  Happy Birthday Bob!	10:15 Balance with Kari <b>5</b> 1:00 Music Performance 3:00 Snacktivity: Nacho Party! 5:30 Movie: Coco on Disney Plus  Cinco de Mayo	10:00 Walking Club <b>6</b> 1:00 Puzzles 3:00 Piano with Meg 5:30 Movie: Flubber, on Disney Plus	
10:30 Church of Jesus Christ of Latter Day Saints Sacrament 1:00 Puzzles 3:00 Music Performance 5:30 Movie: The Chosen Series	10:00 Yoga with Heidi <b>8</b> 1:00 Outing: Feeding the Ducks at the Jordan River Park 3:00 Jeopardy 5:30 Evening Movie	10:00 Exercise with Andy <b>9</b> 10:30 LDS Relief Society 11:00 Catholic Communion 1:00 Bingo 3:00 Foot Soaks & Hand Massages 5:30 Evening Movie	10:00 Energy Yoga with Lisa <b>10</b> 1:00 Resident Council 3:00 Plant Craft 3:30 Stitch Sisters Club 5:30 Evening Movie	10:00 Exercise with Canyons Home Health <b>11</b> 11:00-1:00 Mother's Day Brunch with Family 3:00 Mother's Day Bingo 5:30 Movie: National Treasure on Disney Plus	10:15 Balance with Kari <b>12</b> 1:00 Music Performance: Kathy 3:00 Snacktivity: Kabobs 5:30 Movie: National Treasure 2 on Disney Plus	10:00 Walking Club <b>13</b> 1:00 Puzzles 5:30 Movie: The Sound of Music (A)	
10:30 Church of Jesus Christ of Latter Day Saints Sacrament 1:00 Puzzles 3:00 Music Performance 5:30 The Chosen Series  Mother's Day National Skilled Nursing Week	10:00 Yoga with Heidi <b>15</b> 11:00 Outing: Costco Lunch 3:15 Thank You Project for our CNAs 5:30 Evening Movie	10:00 Exercise with Andy <b>16</b> 10:30 LDS Relief Society 11:00 Catholic Communion 1:00 Bingo 3:00 Game: Ladder Toss 5:30 Evening Movie UALA Conference	10:00 Energy Yoga with Lisa <b>17</b> 1:00 Garden Club Opening: Planning & Some Planting 3:00 State Capitols Presentation/ Guessing Game 3:30 Stitch Sisters Club 5:30 Evening Movie	10:00 Exercise with Canyons Home Health <b>18</b> 1:00 Scenic Drive: Natural History Museum 3:00 Bingo 5:30 Movie: Night at the Museum on Disney Plus  International Museum Day	10:15 Balance with Kari <b>19</b> 1:00 Music Performance: Heart and Soul 3:00 Snacktivity: Homemade Salsa 5:30 Movie: Night at the Museum 2 on Disney Plus	10:00 Walking Club <b>20</b> 1:00 Croquet & Other Outdoor Games 5:30 Movie: Residents Choice  Armed Forces Day World Bee Day	
10:30 Church of Jesus Christ of Latter Day Saints Sacrament 1:00 Puzzles 3:00 Music Performance 5:30 The Chosen Series	10:00 Yoga with Heidi <b>22</b> 1:00 Piano Performance with Kathy 3:00 Card Games 5:30 Evening Movie  Victoria Day (Canada)	10:00 Exercise with Andy <b>23</b> 10:30 LDS Relief Society 11:00 Catholic Communion 1:00 Bingo 3:00 Patriotic Music Performance 5:30 Evening Movie	10:00 Energy Yoga with Lisa <b>24</b> 1:00 Special Artist Presentation 3:00 Game: Bean Bag Toss Competition 3:30 Stitch Sisters Club 5:30 Evening Movie	10:00 Exercise with Canyons Home Health <b>25</b> 1:00 Scenic Drive: Pony Express Monument 3:00 Bracelets with Marci 5:30 Movie: Cinderella (Live Action) on Disney Plus	10:15 Balance with Kari <b>26</b> 1:00 Music Performance 3:00 Healthy Cooking Class for Brain Health 5:30 Movie: Little Rascals (A)	10:00 Walking Club <b>27</b> 1:00 Puzzles 5:30 Movie: The Princess Bride on Disney Plus	
10:30 Church of Jesus Christ of Latter Day Saints Sacrament 1:00 Puzzles 3:00 Music Performance 5:30 The Chosen Series	<b>29</b>  Happy Memorial Day!    Memorial Day	9:00 Exercise with Andy <b>30</b> 10:00 Movie: Fighting Preacher 11:00 Catholic Communion 1:00 Bingo 3:00 Foot Soaks & Hand Massages 5:30 Evening Movie	10:00 Energy Yoga with Lisa <b>31</b> 1:00 Garden Club 3:00 Horseshoe Competition 3:30 Stitch Sisters Club 5:30 Evening Movie				