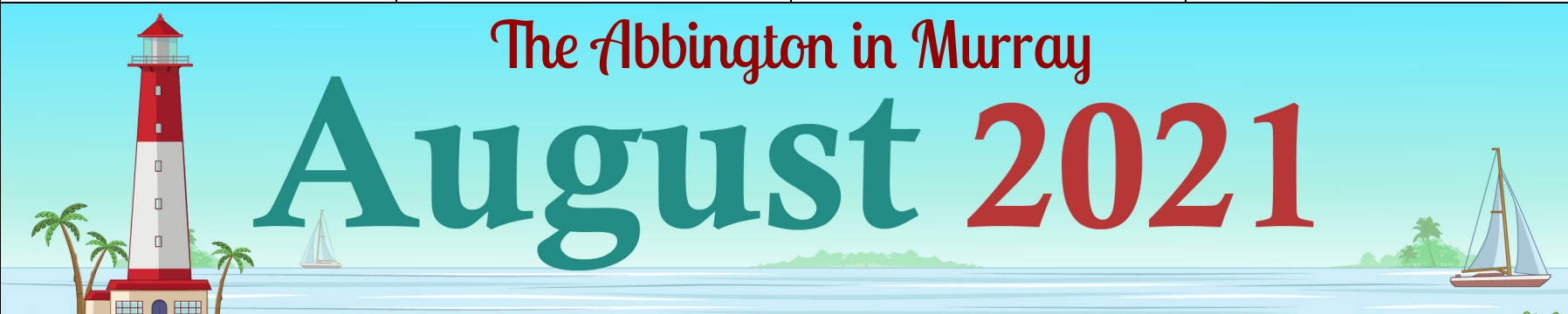


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Music and the Spoken Word 1 Church of Jesus Christ of Latter Day Saints Sacrament <i>*To Be Announced</i> 3:00 Mahjong with Beverly's Family 6:00 Evening Puzzle	10:00 Exercise 2 1:00 Door Decorations 3:00 Game Hour: The Abbington Olympics 6:30 Evening Movie	10:00 Exercise: HAS 3 1:00 Scenic Drive: Sugar House 3:00 Tradition Tuesday 6:30 Evening Movie	10:00 Exercise: Yoga 4 11:00 Bingo 1:00-3:00 Outing: Schmidt's Pastry Cottage National Chocolate Chip Cookie Day 6:30 Evening Movie	10:30 Exercise with Abby 5 1:00 Croquet in the Great Room 3:30 Musical Performance in the Great Room: Piano with Jen 6:30 Evening Movie	10:00 Exercise 6 11:00 Farmer's Market at Murray Park 3:00 Cooking Competition 6:30 Evening Movie	10:00 Exercise 7 1:00 Movie in the Theater: The Karate Kid (PG) 3:30 Watercolor Painting 6:00 Evening Series: Our Planet
9:30 Music and the Spoken Word 8 Church of Jesus Christ of Latter Day Saints Sacrament <i>*To Be Announced</i> 1:00 Sunday Series: Red Skeleton 6:00 Evening Puzzle Olympic Closing Ceremonies	10:00 Exercise 9 1:00 Reading and Ice Cream with Small Fri Academy Students 3:00 Game Hour: Catch Phrase 6:30 Evening Movie	10:00 Exercise: HAS 10 1:00 Scenic Drive: Emigration Canyon 3:00 Tradition Tuesday: Resident Spotlight 6:30 Evening Movie	10:00 Exercise: Yoga 11 11:00 Bingo 1:00-3:00 Outing: Utah Museum of Contemporary Art 6:30 Evening Movie	10:30 Exercise with Abby 12 1:00 Brain Games 3:00 Cooking Demo: Edible Arrangement 6:30 Evening Movie	10:00 Exercise 13 1:00 Music in the Great Room: Guitar and Singing with Gene 3:00 Brain Games: Jeopardy 6:30 Evening Movie	10:00 Exercise 14 1:00 Movie in the Theater: Fools Rush In (PG-13) 3:30 Darts 6:00 Evening Series: Our Planet
9:30 Music and the Spoken Word 15 Church of Jesus Christ of Latter Day Saints Sacrament <i>*To Be Announced</i> 1:00 Sunday Series: Red Skeleton 6:00 Evening Puzzle	10:00 Exercise 16 1:00 Shopping Trip to Walmart 3:00 Game Hour: Lasso Golf 6:30 Evening Movie	10:00 Exercise: HAS 17 1:00 Scenic Drive: The Avenues 3:00 Tradition Tuesday: Resident Spotlight 6:30 Evening Movie	10:00 Exercise: Yoga 18 11:00 Bingo 1:00-3:30 Outing: Silver Lake Walk 6:30 Evening Movie	10:30 Exercise with Abby 19 1:00 Shuffleboard 3:00 Crafting Hour: String Art 6:30 Evening Movie	10:00 Exercise 20 1:00 Music in the Great Room: Guitar and Singing with Ian 3:00 Game Hour: Canasta 6:30 Evening Movie	10:00 Exercise 21 1:00 Movie in the Theater: Safe Haven (PG-13) 3:30 National Senior Citizen's Day 6:00 Evening Series: Our Planet
9:30 Music and the Spoken Word 22 Church of Jesus Christ of Latter Day Saints Sacrament <i>*To Be Announced</i> 1:00 Sunday Series: Red Skeleton 6:00 Evening Puzzle	10:00 Exercise 23 1:00 Gardening Activity: Pressed Flower Cards 3:00 Game Hour: Nerts 6:30 Evening Movie	10:00 Exercise: HAS 24 1:00 Scenic Drive: Wasatch Drive 3:00 Tradition Tuesday: Resident Spotlight 6:30 Evening Movie	10:00 Exercise: Yoga 25 11:00 Bingo 1:00 Outing: Liberty Park Walk 6:30 Evening Movie	10:30 Exercise with Abby 26 11:00 Brain Games: Crossword 1:00 Cooking Demo: Kay's Chocolate Cake 6:30 Evening Movie	10:00 Exercise 27 1:00 Music in the Great Room: Heart and Soul 3:00 Resident Social and Store 6:30 Evening Movie	10:00 Exercise 28 1:00 Movie in the Theater (Enola Holmes PG-13) 3:30 Cornhole 6:30 Evening Series: Our Planet
9:30 Music and the Spoken Word 29 Church of Jesus Christ of Latter Day Saints Sacrament <i>*To Be Announced</i> 1:00 Sunday Series: Red Skeleton 6:00 Evening Puzzle	10:00 Exercise 30 1:00 Service Project: 3:00 Game Hour: Mexican Train 6:30 Evening Movie Donna M. Birthday	10:00 Exercise: HAS 31 1:00 Scenic Drive: Downtown SLC 3:00 Tradition Tuesday: Resident Spotlight 6:30 Evening Movie				

All Activities are subject to change. Outings are in blue. Please sign up for outings at the Front Desk.