

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019

		 <p><b>1</b> 10:00 Chair Yoga 11:00 New Year's Day Trivia 2:00 Popcorn and Cinema Classic Movie: The Man from Snowy River (amazon prime) 4:00 Walking Club 6:30 <b>New Release:</b> Movie Night <small>New Year's Day</small></p>	<p><b>Happy B-Day Arlene M 2</b> 10:00 Chair Tap 11:00 Book Club 1:30 Annual Fruitcake Toss (not your relatives 😊) 2:30-4:30 Put Away Christmas Decor 6:30 Movie Night</p>	<p><b>Happy B-Day Ron D 3</b> <b>Happy B-Day Alan J</b> 10:00 Resistance Bands 11:00 Wacky Days 1:30 Music with Linda 2:30-4:30 Manicures 6:30 Movie Night</p>	<p><b>4</b> 10:00 Fitness 52 11:00 Keno 1:30-4:00 BYU Museum of Art: New 3D Exhibit: Windswept by Patrick Dougherty 4:00 Walking Club 6:30 Movie Night</p>	<p><b>5</b> 10:00 Music and Movement 11:00 Wheel of Fortune 2:00 Music Bingo 3:30 Classic TV 6:30 Movie Night</p>
<p><b>6</b> 10:00 LDS Sacrament Meeting 10:45 Sunday School 2:00 Skip-bo 3:30 Documentary: Spitfire: World's Most Famous Fighter Plane (amazon prime) 6:30 Movie Night</p>	<p><b>7</b> 10:00 Resistance Bands 11:00 "Mustache" You a Question 1:30 Kakizome and Candy Sushi 3:00-4:30 Neck/Back Massages with Roslin 6:00 FHE</p>	<p><b>Happy B-Day Irene M 8</b> 9:00 Scera Theatre Movie \$2 "Maverick" w/ Mel Gibson, James Garner &amp; Jodi Foster 1:30 BOM Class 2:30-4:00 Shopping at Walmart 6:30 <b>New Release:</b> Movie Night</p>	<p><b>9</b> 10:00 Chair Tap 11:00 Book Club 1:30-3:30 Art Class with Cari \$15/may charge to room 4:00 Balloon Blast 6:30 Movie Night</p>	<p><b>10</b> 10:00 Chair Yoga 11:00 Concentration 1:00-3:00 DUP 3:30 Musical Performance: Guitar Larry Kinder 6:30 Movie Night</p>	<p><b>Happy B-Day Garneta S 11</b> 10:00 Resistance Bands 11:00 Share a Story 1:30 Sing Along 2:30 Mexican Train Dominoes 3:30 Scenic Drive 6:30 Movie Night</p>	<p><b>12</b> 10:00 Music and Movement 11:00 Jeopardy w/ Friends 2:00 Bingo 3:30 Classic TV 6:30 Movie Night</p>
<p><b>13</b> 10:00 LDS Sacrament Meeting 10:45 Relief Society/ Priesthood 2:00 Uno 3:30 Documentary: George III: The Genius of the Mad King (amazon prime) 6:30 Movie Night</p>	<p><b>14</b> 10:00 Chair Yoga 11:00 "Never Have I Ever" 1:30 Arm Chair Travel: Australia (Comm Room) 2:30 Staff Meeting 3:30 Card Games 6:00 FHE</p>	<p><b>15</b> 10:00 Resistance Bands 11:00 Now You Know: Fun Sleep Facts 1:30 BOM Class 2:30-4:00 Shopping at Smiths 6:30 <b>New Release:</b> Movie Night</p>	<p><b>Happy B-Day Maurine N 16</b> 10:00 Chair Tap 11:00 Book Club 1:30-3:30 Quilting: Humanitarian Club 3:30 Balloon Blast 6:30 Movie Night</p>	<p><b>17</b> 10:00 Stretching 10:30 Musical Performance: Ambrian Nielson 1:30 Music with Linda 2:30-4:30 Manicures 6:30 Movie Night</p>	<p><b>18</b> 10:00 Chair Yoga 11:00-1:00 Trip to Costco \$ for Lunch: Pizza/Hotdog May charge to room 2:00 Name that Tune 3:00 Scenic Drive 4:15 Walking Club 6:30 Movie Night</p>	<p><b>19</b> 10:00 Music and Movement 11:00 Apples to Apples 2:00 Bingo 3:30 Classic TV 6:30 Movie Night</p>
<p><b>Happy B-Day Bob S 20</b> 10:00 LDS Sacrament Meeting 10:45 Sunday School 2:00 Skip-bo 3:30 Documentary: Johnny Carson: King of Late Night (amazon prime) 6:30 Movie Night</p>	<p><b>21</b> 10:00 Resistance Bands 11:00 "Dear Abby" Day 1:30 Jailhouse Trivia 2:30-4:30 Waffle Bar: Come Try Fun Waffle Flavors 6:00 FHE <small>Martin Luther King Day Tu B'Shevat</small></p>	<p><b>22</b> 9:00 Scera Theatre Movie \$2 "Field of Dreams" w/ Kevin Costner &amp; James Earl Jones 1:30 BOM Class 2:30-4:00 Shopping at Walmart 6:30 <b>New Release:</b> Movie Night</p>	<p><b>23</b> 10:00 Chair Tap 11:00 Book Club 1:30 Set for Social 2:30-4:00 Winter Social with Mallory and Friends 6:30 Game Night/ Card Making with Mapleton 19<sup>th</sup> Beehive Group</p>	<p><b>24</b> 10:00 Chair Yoga 11:00 Readers Digest: Quips, Quotes, Stories &amp; Cocoa 1:30-3:30 Art Circles: Night Sky Scene 3:30 Shuffle Board 6:30 Movie Night</p>	<p><b>25</b> 10:00 Resistance Bands 1:30-3:30 Fairytale Foods, Fun and Facts (say that five times fast) 3:30 Scenic Drive 4:15 Walking Club 6:30 Movie Night</p>	<p><b>Happy B-Day Nondie H 26</b> 10:00 Music and Movement 11:00 Family Feud 2:00 Bingo 3:30 Classic TV 6:30 Movie Night</p>
<p><b>Happy B-Day Kathy P 27</b> 10:00 LDS Sacrament Meeting 10:45 Relief Society/ Priesthood 2:00 Uno 3:30 Documentary: The Legend: The Bessie Coleman Story (amazon prime) 6:30 Movie Night</p>	<p><b>28</b> 10:00 Stretching 10:30 Musical Performance: Jim and Ellie, Piano and Sax 1:30-3:30 Ice Cream Horoscopes/ Red Barn for Ice Cream Cones 3:30 Balloon Blast 6:00 FHE <small>Australia Day (observed)</small></p>	<p><b>29</b> 10:00 Resistance Bands 11:00 Share a Story 1:30 BOM Class 2:30-4:00 Shopping at Smiths 6:30 <b>New Release:</b> Movie Night</p>	<p><b>30</b> 10:00 Chair Tap 11:00 Book Club 1:30 January Birthday Party 2:30 Resident Council 3:30 Abbington Auction 6:30 Musical Performance: Darrell Fairbanks, vocals and guitar</p>	<p><b>Happy B-Day Ardeth O 31</b> 10:00 Resistance Bands 11:00 Benjamin Franklin Day 1:30 Card Games 2:30-4:30 Manicures 6:30 Movie Night</p>	<p><i>Abbington Senior Living Mapleton</i></p>	

ALL ACTIVITIES ARE SUBJECT TO CHANGE