
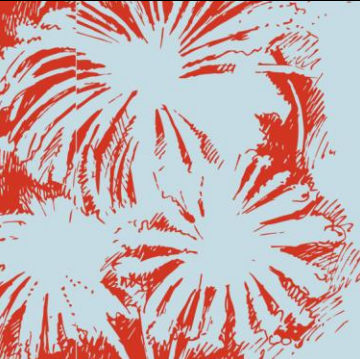


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><i>Happy Birthday BILL M!</i> 1</p> <p>10:00 LDS Church</p> <p>1:00 Patio Social</p> <p>2:00-4:00 Bingo w/ Sharon</p> <p>6:00 Sunday Show: "Highway to Heaven" Canada Day</p>	<p>9:30 Chair Yoga w/ Emily 2</p> <p>10:30 Abbington Academy Lecture: Jenny Kesler, 2016 <i>U.S. History Teacher of the Year</i></p> <p>1:00 Walking Group</p> <p>2:00 Shopping @ Smith's</p> <p>3:30 Patriotic Sing-a-long with <i>Michelle Watkins</i></p> <p>6:00 Scenic Drive: <i>Squaw Peak</i></p>	<p><i>Pick Up Activity Bingo Card!</i> 3</p> <p><i>Happy Birthday KENTE!</i></p> <p>9:00 Exercise w/ Amy</p> <p>10:15 Technology Help</p> <p>12:00-1:00 Ice Cream Social</p> <p>1:00 \$ Tai Chi Class</p> <p>1:00 Bingo w/ Dennis & Kay</p> <p>2:15 <i>Worship w/ Pastor Tracy</i></p> <p>2:45 <i>Manicures & Nail Care</i></p> <p>6:00 Movie & Popcorn: "We Bought a Zoo"</p>	<p>10:00 <i>4th of July Trivia Game</i> 4</p> <p>1:00 Scenic Drive: <i>Snake Creek Canyon</i></p> <p>2:30 Mexican Train Dominoes</p> <p>6:00 Movie & Popcorn: "Yankee Doodle Dandy"</p> <p> <i>Happy 4th of July</i></p>	<p>9:00 Exercise w/ Tyler 5</p> <p>10:00 <i>Headlines & Donuts</i></p> <p>1:00 \$ Tai Chi Class</p> <p>2:00 <i>Variety Hour with Symbii</i></p> <p>4:30-6:00 4th of July BBQ</p> <p>6:30 Patriotic Concert by the <i>Mixed Nuts Band</i></p>	<p><i>Drop off items for Swap Meet by Today!</i> 6</p> <p>10:00 <i>Piano with Kathy</i></p> <p>12:30 Shopping at Dollar Tree in Orem</p> <p>3:00 Scrabble</p> <p>6:00 Patriotic Poetry Reading w/ Amy</p>	<p>12:00-1:30 Ice Cream Social</p> <p>1:30 Five Crowns Card Game</p> <p>3:30 Balloon Game w/ Chuck</p> <p>6:00 Movie & Popcorn: "Planet of the Apes"</p>	
<p>10:00 LDS Church 8</p> <p>1:00 Patio Social</p> <p>2:00-4:00 Bingo w/ Sharon</p> <p>6:00 Sunday Show: "Highway to Heaven"</p>	<p><i>Happy Birthday IRIS W!</i> 9</p> <p>9:00 Exercise w/ Amy</p> <p>10-4 Abbington Swap Meet</p> <p>2:00 Shopping @ Walmart</p> <p>3:30 Documentary: "Becoming Bond"</p> <p>6:00 Vocal Performance by <i>Kaitlin Brown (Server in the Kitchen)</i> and <i>Ashley Bredsguard</i></p>	<p>9:00-11:30 Podiatrist 10</p> <p>9:00 Exercise w/ Heidi</p> <p>10:15 Technology Help</p> <p>10:30 <i>Music w/ Kailey</i></p> <p>12:00-1:00 Ice Cream Social</p> <p>1:00 \$ Tai Chi Class</p> <p>1:00 Bingo w/ Dennis & Kay</p> <p>2:15 <i>Worship w/ Pastor Tracy</i></p> <p>2:45 <i>Manicures & Nail Care</i></p> <p>6:00 Sing-a-long w/ <i>Natalie</i></p>	<p>10:30 <i>Encompass Health Discussion</i> 11</p> <p>11:00-11:30 <i>Blood Pressure Clinic</i></p> <p>1:30 Minding Motion</p> <p>2:30 Polish Poker</p> <p>6:00 Movie & Popcorn: "State Fair"</p>	<p>9:00 Exercise w/ Tyler 12</p> <p>10:00 <i>Headlines & Donuts</i> No Tai Chi</p> <p>1:00-3:00 Audiologist</p> <p>2:00 <i>Variety Hour with Symbii</i></p> <p>3:00 Adult Coloring</p> <p>6:00 Scenic Drive: <i>Guardman's Pass</i></p>	<p>9:30 Chair Yoga w/ Emily 13</p> <p>10:00 <i>Piano with Kathy</i></p> <p>1:00 Scenic Drive and Tour of Timberlakes Community (with Tour by <i>Janet, Front Desk Receptionist, who lives there!</i>)</p> <p>3:30 Book Club Discussion: "Out of Africa"</p>	<p>12:00-1:30 Ice Cream Social</p> <p>1:30 Five Crowns Card Game</p> <p>3:30 Balloon Game w/ Chuck</p> <p>6:00 "Movie & Popcorn: "Yours, Mine, and Ours"</p>	
<p>10:00 LDS Church 15</p> <p>1:00 Patio Social</p> <p>2:00-4:00 Bingo w/ Sharon</p> <p>6:00 Sunday Show: "Highway to Heaven"</p>	<p>9:30 Chair Yoga w/ Emily 16</p> <p>10:30 Balloon Game</p> <p>1:00 Walking Group</p> <p>2:00 Shopping @ Lee's</p> <p>3:30 Documentary: "The Beatles: Eight Days a Week- The Touring Years"</p> <p>6:00 Krisann Rigby & Family (Vocal, Cello, and Violin)</p>	<p>9:00 Exercise w/ Heidi 17</p> <p>10:15 Technology Help</p> <p>10:30 Doterra Hand Massages</p> <p>12:00-1:00 Ice Cream Social No Tai Chi</p> <p>1:00 Bingo w/ Dennis & Kay</p> <p>2:15 <i>Worship w/ Pastor Tracy</i></p> <p>2:45 <i>Manicures & Nail Care</i></p> <p>6:30 Games with the <i>Heber Valley Hills 1st Ward Relief Society</i></p>	<p>10:00-11:30 Summer Crafts 18</p> <p>1:30 Minding Motion</p> <p>2:30 <i>Nurse Millie's Corner</i></p> <p>3:30 Kings in the Corner</p> <p>6:00 Movie & Popcorn: "Rocky"</p>	<p><i>Happy Birthday JOAN R!</i> 19</p> <p>9:00 Exercise w/ Tyler</p> <p>10:00 <i>Headlines & Donuts</i></p> <p>11:30 Horse Training Demonstration and Picnic Lunch at <i>Shaman's Circle Ranch (Midway)</i></p> <p>1:00 \$ Tai Chi Class</p> <p>2:00 <i>Variety Hour with Symbii</i></p> <p>3:00 Activities Meeting w/ Amy</p>	<p><i>Happy Birthday KAY!</i> 20</p> <p>9:00 Exercise with Amy</p> <p>10:00 <i>Piano with Kathy</i></p> <p>11:30- 1:00 *Ethnic Filipino Lunch by <i>Ariel</i></p> <p>1:30 Filipino Cultural Activity: Marcela Baugh (Speaker)</p> <p>3:30 Social Hour on the Patio</p>	<p><i>Happy Birthday Mariela!</i> 21</p> <p>12:00-1:30 Ice Cream Social</p> <p>1:30 Five Crowns Card Game</p> <p>3:30 Balloon Game w/ Chuck</p> <p>6:00 Movie & Popcorn: "Finding Neverland"</p>	
<p>10:00 LDS Church 22</p> <p>1:00 Patio Social</p> <p>2:00-4:00 Bingo w/ Sharon</p> <p>6:00 Sunday Show: "Highway to Heaven"</p>	<p>9:30 Chair Yoga w/ Emily 23</p> <p>11:00 \$ Lunch Outing @ Tarahumara No Shopping Today</p> <p>3:00 Summer Crafts</p> <p>6:00 Scenic Drive: <i>Soap Stone Mountain</i></p>	<p><i>Happy Birthday ELISABETH!</i> 24</p> <p>9:00 Exercise w/ Heidi</p> <p>10:15 Technology Help</p> <p>12:00-1:00 Ice Cream Social</p> <p>1:00 \$ Tai Chi Class</p> <p>1:00 Bingo w/ Dennis & Kay</p> <p>2:15 <i>Worship w/ Pastor Tracy</i></p> <p>2:45 <i>Manicures & Nail Care</i></p> <p>6:00 Pool Game</p>	<p>10:30 <i>Music w/ Kailey</i> 25</p> <p>1:30 Minding Motion</p> <p>2:30 Town Meeting with <i>Owen</i></p> <p>3:30 Vocal Performance by <i>Samantha Frisby (Trained at AMDA in NYC!)</i></p> <p>6:00 Movie & Popcorn: "Shall We Dance"</p>	<p>9:00 Exercise w/ Tyler 26</p> <p>10:00 <i>Headlines & Donuts</i></p> <p>1:00 \$ Tai Chi Class</p> <p>2:00-3:00 Summer Crafts</p> <p>3:00 Employee Staff Meeting</p> <p>6:00 Movie & Popcorn: "To Walk Invisible: The Bronte Sisters"</p>	<p>8:00 Men's Fishing and Lunch on Pontoon Boat at <i>Strawberry Reservoir</i></p> <p>10:00 <i>Piano with Kathy</i></p> <p>1:30 Mexican Train Dominoes</p> <p>3:30 Social Hour on the Patio</p>	<p>12:00-1:30 Ice Cream Social</p> <p>1:30 Five Crowns Card Game</p> <p>3:30 Balloon Game w/ Chuck</p> <p>5:15 \$Bee's Baseball Game in Salt Lake City</p>	
<p>10:00 LDS Church 29</p> <p>1:00 Patio Social</p> <p>2:00-4:00 Bingo w/ Sharon</p> <p>6:00 Sunday Show: "Highway to Heaven"</p>	<p>9:30 Chair Yoga w/ Emily 30</p> <p>10:30 Summer Crafts</p> <p>1:00 Walking Group</p> <p>2:00 Shopping @ Smith's</p> <p>3:30 Documentary: "Secrets of Westminster"</p> <p>6:00 Scenic Drive: <i>Rockport Reservoir</i></p>	<p>9:00 Exercise w/ Heidi 31</p> <p>10:15 Technology Help</p> <p>12:00-1:00 Ice Cream Social</p> <p>1:00 \$ Tai Chi Class</p> <p>1:00 Bingo w/ Dennis & Kay</p> <p>2:15 <i>Worship w/ Pastor Tracy</i></p> <p>2:45 <i>Manicures & Nail Care</i></p> <p>6:00 Movie & Popcorn: "My Friend Flicka"</p>				<p><i>July</i> 2018</p> 