

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy B-Day Patsy 1</b> 10:00 LDS Sacrament Services 2:00 Keno 3:30 Netflix Ken Burns: The West "The Grandest Enterprise Under God" 6:30 Movie Night <i>Canada Day</i>	10:00-2:00 Picnic: Santaquin Canyon 3:00-4:30 Neck/Back and Hand Massages (I-Care HH) 6:00 FHE 6:30 Mapleton City Concert in the Park	<b>2</b> 10:00 Resistance Bands 11:00 4 <sup>th</sup> of July Party 1:30 BOM Study Class 2:30-4:00 Shopping at Smiths 4:00 Shuffle Board 6:30 Movie Night	<b>HAPPY 4<sup>TH</sup> OF JULY 4</b> 10:00 Chair Yoga 11:00 4 <sup>th</sup> of July Trivia 1:30-3:30 Scenic Drive to Grove Creek Canyon to see 60' Flag 6:30 Movie Night <i>Independence Day</i>	<b>5</b> 10:30 Chair Zumba 1:30 Music with Linda 2:30-4:00 Book Club: Saboteur 4:00 Walking Club 6:30 Movie Night	<b>6</b> 9:30 Payson Temple Trip (10:00 Endowment Session: Wear Whites) 2:00 Wacky Days 3:30 Balloon Blast 6:30 Movie Night	<b>7</b> 10:00 Resistance Bands 11:00 Concentration 2:00 Bingo 3:30 Dick Van Dyke Show 6:30 Movie Night
<b>Happy B-Day Clyde 8</b> 10:00 LDS Sacrament Services 2:00 Keno 3:30 Netflix Ken Burns: The West "The People" 6:30 Movie Night	<b>9</b> 10:00 Chair Yoga 11:00 Price is Right Game 1:00 Musical Performance: Jim and Ellie 2:00-4:30 Fishing at Spring Lake 6:00 FHE 6:30 Mapleton City Concert in the Park	<b>Happy B-Day Ed 10</b> 10:00 Resistance Bands 11:00 Quips, Quotes and Stories 1:30 BOM Study Class 2:30-4:00 Shopping at Walmart (Spanish Fork) 6:30 Movie Night	<b>11</b> 10:00 Chair Tap 11:00 RS/Priesthood 1:00-2:30 Manicures 2:30-4:00 Book Club: Saboteur 4:00 Balloon Blast 6:30 Movie Night	<b>12</b> 10:00 Chair Yoga 11:00 Sing Fit 1:30-3:30 Painting Class with Professional Artist Cari: Cost \$10 4:00 Walking Club 6:30 Movie Night	<b>13</b> 10:00 Resistance Bands 11:00 Independence Day Coincidences Discussion 1:30 Scenic Drive 3:30: Vocal Musical Performance: Abrien Nielson 6:30 Movie Night	<b>Happy B-Day Al 14</b> 10:00 Chair Yoga 11:00 Jeopardy with Friends from Mt. Peak 2:00 Bingo 3:30 Classic Television 6:30 Movie Night
<b>15</b> 10:00 LDS Sacrament Services 2:00 Keno 3:30 Netflix Ken Burns: The West "Empire Upon the Trails" 6:30 Movie Night	<b>16</b> 10:00 Chair Yoga 11:00 Name That Tune 1:30 Card Games: How to Make a Million 2:30 Cooking Class: Frozen Bananas 4:00 Shuffle Board 6:00 FHE 7:00 Movie Night	<b>17</b> 10:00 Resistance Bands 11:00 State Toss Game 1:30 BOM Study Class 2:30-4:00 Shopping at Smiths 6:30 Movie Night	<b>18</b> 10:00 Chair Tap 11:00 RS/Priesthood 1:30-3:30 July Door Decor 3:30 Wii Bowling 6:30 Movie Night	<b>19</b> 10:30 Chair Zumba 1:30 Music with Linda 2:30-4:00 Book Club: Saboteur 4:00 Walking Club 6:30 Movie Night	<b>20</b> 10:00 Resistance Bands 11:00 Sing Fit 1:30 Scenic Drive 3:30 Balloon Blast 6:30 Movie Night	<b>21</b> 8:00 Mapleton City 24 <sup>th</sup> July Parade 2:00 Bingo 3:30 Dick Van Dyke Show 9:00 Watch Mapleton City Fireworks from Backyard
<b>22</b> 10:00 LDS Sacrament Services 2:00 Keno 3:30 Netflix Ken Burns: The West "The Speck of the Future" 6:30 Movie Night	<b>23</b> 10:00 Resistance Bands 10:45 Scenic Drive 1:30-3:00 Shopping at Walmart (Springville) 6:00 FHE 7:00 SF Rodeo	<b>Happy B-Day LaRhea 24</b> <b>HAPPY PIONEER DAY</b> 10:30 Scrabble 2:00 Pioneer Stories and Popsicles 3:30 Cross Word Puzzles 6:30 Movie Night	<b>25</b> 10:00 Chair Tap 11:00 RS/Priesthood 1:30 July Birthday Party (Utah HH) 2:30 Resident Counsel 4:00 Humanitarian Quilting with YW Sunnyridge 1 <sup>st</sup> Ward 6:30 Movie Night	<b>Happy B-Day Beverly 26</b> <b>Happy B-Day Peggy R.</b> 10:00 Resistance Bands 11:00 Book Club: Saboteur 1:30-3:00 Manicures 3:30 Piano/Guitar Musical Performance: Terry Spencer 6:30 Movie Night	<b>27</b> 10:00 Fitness 52 11:00-2:00 Picnic at Canyon View Park Spanish Fork 3:00 Staff Meeting 6:30 Movie Night	<b>28</b> 10:00 Chair Yoga 11:00 Wheel of Fortune 2:00 Bingo 3:30 Classic Television 6:30 Movie Night
<b>29</b> 10:00 LDS Sacrament Services 2:00 Keno 3:30 Netflix Ken Burns: The West "Death Runs Riot" 6:30 Movie Night	<b>30</b> 10:00 Chair Yoga 11:00 Jail House Trivia 1:30 Joyful Living 3:00 Abbington Auction 6:00 FHE 6:30 Mapleton City Concert in the Park	<b>31</b> 10:00 Resistance Bands 11:00 Sing Fit 1:30 BOM Study Class 2:30-4:00 Shopping at Smiths 4:00 Walking Club 6:30 Movie Night	 <p><b>July 2018</b>  <b>ABBINGTON SENIOR LIVING</b>      <b>MAPLETON, UTAH</b></p>			

ALL ACTIVITIES ARE SUBJECT TO CHANGE